

# IPS-Education

Educational support  
for people with mental  
health issues



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People with long-term mental health issues sometimes experience trouble starting or maintaining education programs. Education can be an important step in a career: it can make a big difference in finding a suitable job. Work and/or education can be a meaningful activity, and could contribute to your recovery. IPS-Education (IPS-Ed) can support you in achieving these goals.

## What is IPS-Ed (and for whom)?

IPS is an acronym for Individual Placement and Support. IPS is an evidence-based reintegration method designed for people dealing with severe mental health problems, with the goal to support in finding and maintaining a job and/or education. The 'Ed' in IPS-Ed is for Education (IPS-O in Dutch, with the O for 'Onderwijs'). IPS-Ed is a way to help people who are being treated by a mental healthcare organization with achieving their educational goals. This means that IPS-Ed is meant to help with finding an education as well as providing ongoing support during the education program.

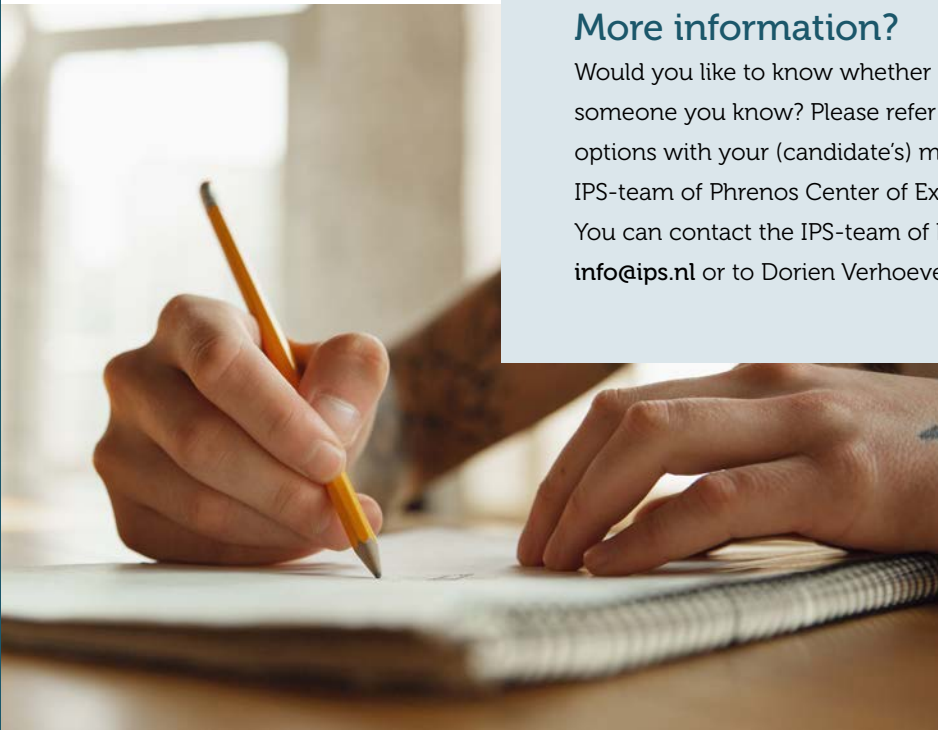
## How will the IPS-Ed counselor help?

The IPS-counselor can help find a suitable education program based on the qualities and preferences of the IPS-participant: the participant and counselor explore these possibilities together. The IPS-Ed counselor will also provide follow-along support during the chosen program. The counselor is able to help with practical affairs such as: enrolling in the educational program, financial questions, the planning of homework and assignments, and/or getting in touch with student counselors. They might also guide IPS-participants in issues specific to their mental health, for example: engaging in conversation about whether or not to disclose information related to mental health problems, handling (self) stigma, coping with possible side-effects of treatment and any adjustments that might be needed to attend education to the best of their abilities. IPS-Ed can be used for all different types of education, such as BBL-education (a combination of education and employment), HBO-, or MBO-studies, or an education at a university.

## More information?

Would you like to know whether IPS-Ed would be a fit for you or someone you know? Please refer to [www.werkenmetips.nl](http://www.werkenmetips.nl), discuss the options with your (candidate's) mental health practitioner or contact the IPS-team of Phrenos Center of Expertise ([kenniscentrumphrenos.nl](http://kenniscentrumphrenos.nl)).

You can contact the IPS-team of Phrenos by sending an e-mail to [info@ips.nl](mailto:info@ips.nl) or to Dorien Verhoeven ([dverhoeven@kcphrenos.nl](mailto:dverhoeven@kcphrenos.nl)).



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